

Japanese Vocabulary

Counting 1-20

Ichi,ni,san,shi,go,roku,shichi,hachi,ku,ju

Ju-ichi, ju-ni, ju-san, ju-shi, ju-go, ju-roku, ju-sichi

Ju-hachi, ju-ku, ni-ju

Judo-Gentle Way

Sensei-teacher

Senpai-assistant teacher

Rei-bow

Sensei ni rei-bow to the teacher

Kyu-Student rank

Dan-Master rank

Jigoro Kano – Founder of Judo in 1882

Japan-country Judo was founded in

Courtesy, Cooperation, Control – The “Three C’s” of Judo

Samurai-Japanese warriors or knights. Judo came from their fighting style.

Randori – Free-sparring

Tori – Person performing a throw

Uke – Person receiving a Throw

Ippon – Full Point in Competition

Waza-ari – Half Point in Competition

Yuko – Lesser Throw (Side Throw) in Competition, no points awarded

Waza – Technique or throw

Nage-Waza – Throwing Technique

Atemi-Waza – Striking Technique

Ukemi – Falls